### Physical Education with Joe

The Health and Physical Education program delivers 2 lessons a week for each Year 4 class.

At the start of term 1 in PE, students are introduced to range of physical challenges where teamwork, co-operation and getting along are central themes. The activities are designed to make students better thinkers, communicators, risk-takers and team oriented.

Students will then build and refine their fundamental movement skills (FMS) to attempt more complex skills and movement challenges as they transition to a Game Sense approach to learning. This term, our sporting focus will be Striking & Fielding (Cricket).

During this term, students will undertake fitness testing (**The Beep Test**) as a base starting point to then try to improve throughout the year with a strong focus on effort and goal setting.

Please note: our annual school Years 3-6 **Swimming Carnival** will be held this term on Friday 23rdMarch (Week 9) at the Burnside Outdoor Pool – we hope to see you all there!

In Health, students will be exploring healthy choices and managing their wellbeing.

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#### Italiano with Maestra Selina

During term 1, we will be focusing on language and culture in the units.....

Siamo tutti diversi (We are all different) and preparing for Multicultural Week in week 8.

This term we will:

- Use Italian to respond and share information about the origin of their name, themselves and their background
- Explore traditional Italian children's games and associated language
- Engage in daily routines and use classroom language with peers and teacher
- Participate in intercultural experiences such as songs, games and dance
- Recognise, practise and apply knowledge of Italian sound combinations, pronunciation and intonation when speaking, reading and writing

### **Technologies with Matt**

Year 4 students will be using systems thinking to learn about digital systems through a unit of work that breaks down as follows:

# A Brief History of Digital Systems.

 Learn about the early development of digital systems with a focus on data storage. This will be hands on with original historical artefacts.

## . What is a digital system?

- Identify digital systems as the many different devices and their peripheral devices that they interact with every day. They understand software as the instructions that make a digital device work.
- How the parts work together as a system.
  - Identify all of the hardware and software that make up a digital system and how they work together as a system.

# · Peripheral devices.

 Explore, recognise and describe a range of digital systems and their peripheral devices and understand that different types of data can be transmitted in different ways. Students focus on how a keyboard works as an input device.

# • Representation of data

 Understand that data can be represented in many different ways.

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### Performing Arts with Anna

During Term 1 we have a strong focus on drama and roleplay skills. We work on collaborative work and promote creative thinking through group activities and role plays, which correlates with our Harmony Day celebrations (21st March).

This term we will:

- Build confidence in creative exploration through, activities, theatre games and collaboration
- Develop improvisation and creativity
- Foster a supportive class cultured when performing and using feedback
- Experiment with safe and expressive movement skills
- Collaborate with peers to make drama that creates meaning
- Use their understanding of drama elements (voice, movement, clarity and projection) to portray a character.

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